

Salty Soroptimist News

January 2020

Volume 1, Issue 5



President's Message

Happy 2020! We have many exciting events happening over the next several months which will improve the lives of women and girls throughout our community.

second Thursday of each month at Granite Connections High School. These sessions are so impactful not only for the participants but also for the club members who attend. All members are welcome and encouraged to attend.

part of the committee. If you would like to nominate someone to be on the committee or if you would like to volunteer, please email me. This is an exciting time for our club and I look forward to 2020!

*Loretta Peterson
President,
SI Salt Lake City*

We are preparing for the Live Your Dream awards on February 29th at The Gathering Place at Gardner Village. This is a wonderful and inspiring event that might make you cry. But at a minimum will make you SMILE. You don't want to miss it!

Our next Service Project is at Cathy Stevens' home on March 18th. We will work on hygiene supplies for "Days for Girls".

We are beginning the nomination process for 2021 Board of Directors. The first step is to nominate a club member to be a

We continue our mentoring work with Dream I Be It the



SOROPTIMIST
Best for Women®

*Soroptimist International
of Salt Lake City
Chartered
November 12, 1931*



What's New?

| | |
|----------------------------|---|
| Circles SL Service Project | 2 |
| Dream It Be It | 3 |
| Live Your Dream | 4 |
| LYD Awards Banquet | 5 |
| Human Trafficking | 6 |
| Soroptimist Corner | 7 |
| Calendars | 8 |

Editor: Gay Houchens
gay.hooch@yahoo.com





January Service Project Meal Donation for Circles of Salt Lake



Members donated funds to purchase pizza and salad for Circles Salt Lake on January 2nd.

Rita Offrett, Carma Ingram and Teresa Just attended to represent SI Salt Lake.

Families were greeted with a smile and a warm meal. We were not sure how the children would react to eating salad.

We were happily surprised to see nearly all the children and adults ask for salad, along with their pizza. Many came back for seconds



SI Salt Lake

has been a community partner with Circles Salt Lake since they started their Salt Lake Chapter. Shirley Draper, Live Your Dream recipient, introduced us to

Ashley Hoopes, Circles Director. Ashley presented to our club and joined as a member of SI Salt Lake 2017-2018. Our own, Margy Russotto, volunteers as a Circle Ally and attends their meetings, weekly. Circles single mother families attended Breakfast with Santa.

Circles Salt Lake mission is to reduce poverty throughout Salt Lake County. We do this by building bridges of friendship and a community that support individuals and families on their journey from surviving to thriving.

We meet our mission by combining best practices in several disciplines including community organizing,

grassroots leadership, S.M.A.R.T. goal setting, financial literacy, mentoring, peer-to-peer counseling and learning, and child/youth development. With the assistance of our dedicated volunteers and community members, we can provide resources to our families which include job opportunities, transportation, healthcare, and a variety of other services.

Our communities and families come together with support and resources, poverty can be resolved for good.

Alone we can do so little. Together we can do so much.

Teresa Just



DREAM IT ★ BE IT

CAREER SUPPORT

{for girls}

Thursday, January 9, 2020

Our January presenter at *Dream It Be It* held at Granite Connections High School was Sarah Boman, who is one of our newest members. Sarah has her own company counseling people on career guidance. This month's curriculum was "Turning Failure into Success".

Many girls learn to fear failure from an early age. Getting the correct answer in school is rewarded, while the wrong answer is negatively reinforced in various ways....such as low grades, scolding from a teacher, or teasing from a classmate. Fear of experiencing a failure might be motivating to some, but it can often be paralyzing and keep many adolescent girls feeling stuck and afraid to try new things or go after big goals in life. This session aims to directly address the fear of failure by introducing the idea that experiencing a failure is a key step in the process of learning and growing. In this session, participants will learn about resilience and how to reframe experiencing a failure and to understand the usefulness of mistakes in order to move forward.

Sarah did a very good job showing the girls that failure is something that they can embrace and learn from. Each of the girls present took some time to participate and share their feelings on some of their own failures. Sarah had them write a description of one of their own failures at the beginning of the class and what it made them feel like. At the end of the class she had them write some ideas on how they could turn them around into their own learning experience. She also showed a couple of TedTalk videos on failure and turning them around. It was a very powerful presentation. Thank you Sarah!!

Next month we present "Balancing Your Stress". Our presenter is Amber Willis, a psychologist who has presented before. Join us on February 13th 10:30 am to 12:30 pm. We always serve lunch. It's a great time to interact with the girls and be supportive.



"Here's to strong women: may we know them, may we be them, may we raise them."

~Unknown



live YOUR dream

education & training awards for women

Every year, Soroptimist distributes more than \$2.6 million in education grants to about 1,700 women all over the world.

Over half of our *Live Your Dream Awards* recipients are survivors of domestic violence, trafficking or sexual assault. Nearly all of the women and families we serve have overcome enormous obstacles including poverty, teen pregnancy, and drug or alcohol addiction. *Live Your Dream Awards* recipients may use the cash award to offset *any* costs associated with their efforts to attain higher education, such as books, childcare, tuition and transportation.

The Process

By Donna Smith

The Live Your Dream Education and Training Awards for Women program has been actively progressing. There were three judges from the community who were selected. They provided outstanding diversified perspectives to offer exceptional insight to determine the final selection from the submitted applicants for the Live Your Dream Award.

The judges for the Live Your Dream Awards reviewed each application submitted for the Live Your Dream Award for Salt Lake Soroptimist. Each application was evaluated in detail with a point scale given in various categories. Those categories included such areas as financial need, goals, economic and personal hardships, her role model for her dependents, and motivation to achieve her educational and career goals. Information from the applicant's references was also considered in determining the decision for being selected to receive the LYD award. There were many deserving applicants for the award. It was very difficult to make a selection from so many deserving individuals. The final decision for three recipients of the LYD award has been determined. They are being notified and will be awarded their cash grant on February 29, 2020.

There is a Live Your Dream Award luncheon at the Gathering Place at Gardner Village at 11:30 a.m. to honor the recipients for the Live Your Dream award. Each recipient will speak at the event and will share with those in attendance their plans for their future educational and career goals. They will also share their stories and how the LYD award will benefit them. Soroptimist members and guests are invited to attend. It will be a heart-warming event that you will not want to miss. Please make your reservations as soon as possible.



The Annual Live Your Dream Awards Banquet
Date: Saturday, February 29th
Place: The Gathering Place at Gardner Village
1100 W 7800 S, West Jordan
Time: 11:30 am to 1:30 pm

Please plan to attend this very special & valuable event
This is when we enjoy the “fruits” of our labor!

You cannot love your neighbor while supporting or accepting systems that crush, exploit, and dehumanize them. You cannot love your neighbor while accepting less for them and their family than you do for you and your own.
-Mika Edmondson



We are all wishing Marilyn Tang a speedy recovery after her recent fall resulting in a broken leg.

We send her positive thoughts & prayers

2020 Human Trafficking Symposium

by Carma Ingram

The 2020 Human Trafficking Symposium was held at the University of Utah on January 24th. I had the opportunity of attending the breakout session on Predators, Sexting and Cyberbullying with presenters Michelle Busch-Upwall and Ekolu Delos-Santos of the Internet Crimes Against Children Task Force. Their session was very informative and interesting. They provided some very important take-aways.

On-Line Gaming is one of the places predators go after our kids. It is a gateway for predators to enter your home. The predator will target based on the on-line chatter.

Instagram allows snap, edit and save of photos and videos publicly. Anything we post especially photos and videos carries a geo location. Your kids posting photos with the school names on shirts and the geolocation in the app gives a predator information as to where your kids are.

Snapchat – Sexting is the biggest cases they get on Snapchat. Snapmap shows exactly where you are. They told the story of a young man who threatened 25 girls across the country if they didn't send explicit photos. When they arrested this young man he was on a mission for the LDS church doing this from that location. He was charged with state and federal extortion. Sextortion has been on the law books now in Utah for 2 years.

Sexting is seen in children as young as elementary school. More girls than boys send sexting photos. All the photos are passed around. Suicide increased dramatically because of photos kept on the kids phones. Remind your kids that once you put something on line it never goes away. A digital image is replicated for-ev-er! If your kid gets an image, take it to the authorities or school to report.

Kids share everything and don't put privacy settings. They said that recently 50+ kids in Utah were being sextorted from someone based in Australia. Sextorting can often result in suicide. Recently a boy in Davis County had sent one image to a Sextorter. He was hounded constantly for more and eventually committed suicide. The offender was located in the Ivory Coast and has not been found.

95% of Junior High and High School Students post their class schedule. It shows everything ... where they are, in which school they are and where they will be at any given time during their day.

On-Line Predators are every type of adult that would exploit our children. Not a stereotype that you would think. A lot of predators are well educated, have college degrees and they are going after our teens and tweens. Mostly they are men 26 or older. They rarely lie about being an adult and usually don't abduct. They take as much time as it takes to befriend our children and gain their trust. Predator grooming includes: Isolate the victim, subtle and gradual, appears genuine, consistent contact with victim, buys gifts (iPods, cellphones, laptops, etc.), they utilize flattery, attention and secrecy. They build emotional support and gain trust. They turn the trust from the parents to them. They don't care how long it takes to groom a child.

The victims are mostly girls age 13-15, but 25% are boys. They often have a history of sexual or physical abuse and engage in patterns of risky behavior.

If your child is being cyberbullied, sextorted or sexted...keep the evidence. Talk to your kids, pay attention, take-action. 36% of parents are not limiting or monitoring digital communications at home. Have open non-threatening communication with your children regularly.



SOROPTIMIST CORNER



Best for Women

Rocky Mountain Region



MAY 1-3, 2020
Region Conference
Cheyenne, WY



SOROPTIMIST
 International of the Americas
ONE mission
MANY WOMEN
 countless dreams

OUR MISSION
 To improve the lives of women and girls through programs leading to personal and economic empowerment.




REACHING NEW HEIGHTS
 BELLEVUE, WASHINGTON
 JULY 22-25, 2020
 SOROPTIMIST 46TH BIENNIAL CONVENTION

Bellevue, Washington · July 22-25, 2020

Kick off our 100th Anniversary Celebration and launch of our exciting centennial campaign. Hear inspiring speakers. Learn our Big Goal plan to reach 500,000 women and girls in 21 countries and territories. Reach new heights and join us for an unforgettable experience. Registration and details on the convention webpage.




HISTORY HUSTLE

When the territory of Wyoming applied to join the union, congress demanded they stop letting women vote. Their response was "We will remain out of the Union one hundred years rather than come in without the women". Thus Wyoming became the first state to allow women to vote.

Editors Note:

I had to share this with all of you since I come from Wyoming. I am very proud of Wyoming and the women pioneers in it's history.

I was a member of the Soroptimist Club in Jackson before moving to Nevada and joining the Salt Lake Club. (I know that sounds a little confusing.)

Jackson was also known for having the very first ALL Women City Council. (first in the USA)

Gay



February 2020

| | | | |
|-----------|------|--|----------|
| Saturday | 1st | Live Your Dream Award Winners due to District | |
| Wednesday | 5th | Board/Business Meeting—SL County Building | 5:30 pm |
| Thursday | 13th | Dream It Be It—Granite Connections High School | 10:30 am |
| | | <i>Balancing Your Stress</i> | |
| Friday | 14th | Valentine's Day | |
| Monday | 17th | President's Day | |
| Monday | 24th | Newsletter Deadline | |
| Saturday | 29th | Live Your Dream Awards Banquet | 11:30 am |
| | | The Gathering Place at Gardner Village | |
| | | 1100 W. 7800 S, West Jordan | |



| | |
|----------------------|----------------------|
| <i>Jan Crane</i> | <i>February 5th</i> |
| <i>Sheri Hoffman</i> | <i>February 5th</i> |
| <i>Rita Offrett</i> | <i>February 7th</i> |
| <i>Jackie Engel</i> | <i>February 19th</i> |

Words for Thought....

"Self-confidence is the foundation of all Great Success & Achievement"

March 2020

| | | | |
|-----------|------|--|----------|
| Saturday | 1st | Live Your Dream Award Winners due to District | |
| Wednesday | 4th | Board/Business Meeting—SL County Building | 5:30 pm |
| Sunday | 8th | International Women's Day | |
| Sunday | 8th | Daylight Savings Time Begins | |
| Thursday | 12th | Dream It Be It—Granite Connections High School | 10:30 am |
| | | <i>Putting Your Dream Into Action</i> | |
| Tuesday | 17th | St. Patrick's Day | |
| Wednesday | 18th | Service Project—Days for Girls | |
| | | Cathy Stevens' - 1734 E Creek Villas Ln, Sandy | |
| Wednesday | 25th | Newsletter Deadline | |

