

Salty Soroptimist News

May 2019

Volume 1, Issue 10



President's Message

Our Dream It Be It sessions at Granite Connections High School came to an end for the school year on May 10th. The last session featured a career panel of amazing, spunky and determined women. The panel of five gave the girls not only an insight into their careers but also great advice about life in general.

Two of the girls from the Dream It Be It Program were recognized during our May Monthly Meeting. They will both receive a scholarship for college from our club. This is the first time that we have offered girls in the Program college scholarships and are excited to be doing this!

Our final meeting for the club year will be on **Wednesday, June 19th** where we will honor Past Presidents of our club and install the Board for the 2019-2020 year.

Loretta Peterson has assembled a great board of directors for next year.....
Teresa Just, Monica Rudd, Kelly Holtman, Rini White, Cathy Stevens, Carolyn Roberts and Donna Smith.

Let's all plan to attend so we can share time together before the summer and support our incoming Board.

Enjoy our newsletter for May!

Donna Schultz
President,
SI Salt Lake City



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Soroptimist International
of Salt Lake City
Chartered
November 19, 1931



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Program Meeting

May 15th, 2019

By Carma Ingram



We had a lovely Program Meeting at Café Madrid. We got a chance to honor two girls from Granite Connections High School to whom we are giving scholarships to college.

The two girls are enrolling in Salt Lake Community College. These girls were in our Dream It Be It Program. The girls qualified to receive the scholarships by attending our Dream It Be It Classes, as well as, applying for an application where they stated their goals for college. 1st place recipient receiving \$750 was Lailani Jada Sapa. The 2nd place recipient receiving \$500 was Samantha Lemus.



Both girls expressed their appreciation to Soroptimist for the Dream It Be It Program which gave them confidence and the desire to do more with their lives following high school.

They also thanked the school principal, Jared Reynolds, and counselors, Heidi Nielsen and Michelle Glaittli for their support along with their families.



We are proud of these two girls who had the initiative and strength to complete the Program. Thank you to all the Soroptimists who assisted with the Dream It Be It Program throughout the year.

During our presentation for the Dream It Be It girls, everyone attending took time to make beaded bracelets for an upcoming Medical Mission for Children of Peace in Vietnam. I sent an email to Binh Rybacki to ask where she wanted them sent and received this sweet reply....

“Dear Carma, what a lovely gesture from you and the Salt Lake Club, so thoughtful of all of you. Send them to my home and I will bring them to Vietnam for our next mission.

Thank you so much Carma, all of you are the best. I will put them on our Facebook when they arrive.”

This was an easy project for us to do during our meeting and fun even for the guests. Thanks to everyone who came and participated.





CELEBRATING SUCCESS— PROGRAM

Soroptimist International of Salt Lake

Dream It Be It Curriculum, Mentoring and Scholarship

The Salt Lake Club and Latinas Club of Salt Lake shared the Dream It Be It Program for the year of 2018-19. We held monthly classes at Granite Connections High School. We presented to a group of young women from sophomore through seniors. Granite Connections high school is an alternative high school with many low income kids with other family challenges attending. Our goal has been to encourage these girls to create goals and work toward attending higher education. We were supported by the Principal and Counselors in the school. We had 25 girls participate in the program, held monthly meetings starting in October and completing in May. Our sessions followed the curriculum for Dream It Be It and included: Session 1: Discovering Your Dreams; Session 2: Exploring Careers; Session 3: Creating Achievable Goals; Session 4: Rising Above Obstacles; Session 5: Turning Failure Into Success; Session 6: Balancing Your Stress; Session 7: Putting Your Dreams into Actions; and STEM Career Presenters and End of Year Celebration. At the beginning of the year we put together binders for each of the girls with their names on their binder and the curriculum copies inserted into the binder. We also made name badges for each of the girls. The name badges included their name and their goal career stated as "Future _____". This way the girls were being reinforced in their career plan that they want to accomplish with their goals for the future.

Our club received a grant from SIA for our Dream It Be It program. Part of the grant funds were used to create the binders and handout materials for the girls. We also felt that we had enough money to supply two college scholarships to two of our DIBI participants. We created an application for them to fill out with their personal story and their goals for college. As a result we are giving away two scholarships, one for \$750 and one for \$500 at their high school graduation. The responses we received from the students was powerful. Each of our scholarship winners had an amazing story of hardship and resilience along with a great desire to empower themselves by going to school and getting a degree in their desired career.

Our last meeting of the year included a panel of presenters with degrees in different careers. The career presenters we picked came from some of the career goals that the girls specifically said they were interested in for their personal goals. This career presentation gave them a glimpse of different people who have accomplished their education goals. They presented for 5-10 minutes on the difficulties in their path and their success in obtaining their career along with other specifics about their life challenges they wanted to share. They discussed goal setting and what successes their career has given them and things about their career that they love. We had 6 panelists from the following careers: Medical, Social Work, Interior Design, Cosmetology, Entrepreneur, and Criminal Justice. I believe this was the favorite presentation of the girls attending. This presentation culminated all the goal setting we staged for them with the DIBI curriculum. The comments we received from the girls said that the DIBI presentations were really helpful to them in goal setting and life skill navigation.

Carma Ingram



Career Panel

Celebrate SUCCESS

Celebrating Success applications are due July 1, 2019 to our Region Celebrating Success Chair, Teresa Eicher. Each Club can submit one application for each of the 4 Pillars (Fundraising, Programs, Public Awareness, Membership). Use this opportunity to share your SUCCESSES with the Region as well as SIA. Winners in our Region will be announced at our Fall District Meetings.

The application form can be found at this link: <https://s3.amazonaws.com/soroptimist-media/05-for-members/club-management/forms/scsa-club-instructions-entry-form.pdf>

Applications should be sent to:

Region Chair: Teresa Eicher

Region Chair email: teresaeicher@gmail.com

Region Chair address: 18 Peaks Lane, Cody, WY 82414

The 2019 SLC Spring Conference PowerPoint Presentations are now posted on the Region website. These include our Leadership Presentation as well as Kathy Franchek-Roa's presentations.

Log in to soroptimistrockymtn.org and click Members - scroll down and click on Region Conference Documents - Current Year

ROCKY MOUNTAIN REGION SOROPTIBLAST

DATES TO REMEMBER

May 31, 2019
Club Giving (for recognition)

June 01, 2019
Dream It – Be It Reporting

July 01, 2019
Member Dues and Form 200
to SIA
Region Dues and Form 200
to Region Treasurer
Celebrating Success Reports
to Region Governor-elect

May 2019

Dear Rocky Mountain Region Soroptimist
Members:



Ladies, I'm so glad we had a good turnout for our 79th Annual Spring Conference in Salt Lake City the end of April. Our attendance improved and I hope we can keep increasing our attendance for the District Fall Meetings and also for our next Spring Conference. All presentations are now on the Rocky Mountain Region website so you can share with other members that were not able to attend. Please report to all your Club members the things you learned and the fun you had at Spring Conference and encourage them to put the next meetings on their schedule. Bring the families and let them vacation while you are in meetings. Hope to see you there:

- District I & II Fall Meeting will be held in Blackfoot Idaho, September 28-29, 2019
- District III & IV Fall Meeting will be held in Fort Collins, Colorado, October 12-13, 2019

The Deadline for recognition for Club Giving and Founders Pennies contributions for the 2018-2019 years is May 31st.

June 1st is the deadline to report on your Dream It Be It project. This report is online. Please fill out all the questions.

July 1st all member dues should be into SIA and Form 200 with New Officers information as well as Live Your Dream Chair. Please also send the Form 200 to the Region Treasurer, Marian Warren, mjwarren855@gmail.com, or P.O. Box 855, Meridian, ID 83646. If you have any questions, please contact her at 208-859-2631.

Let's continue to celebrate our achievements this year!!

In Soroptimist Friendship,

Rita Offrett

Governor Rocky Mountain Region





SOROPTIMIST CORNER



Rocky Mountain Region



Soroptimist International of the Americas



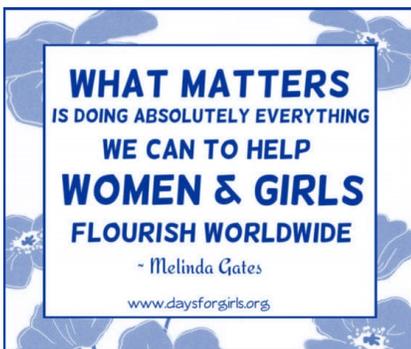
Soroptimist International



What does it mean to be "empowered"?

Women are economically empowered when they have control over their own finances and well-being, and when they have a voice in the financial decisions to shape their lives and the lives of their families. When women and girls are empowered, they have a personal sense of autonomy, self-confidence, and the power to control their private and public lives. We focus on access to education because we believe it's the most effective way toward empowerment.

The women and girls we serve are some of the most courageous, powerful and inspiring people you'll ever meet. Each and every one of them is a superhero and we are honored to share their stories with you at Soroptimist.org



"It's been a long road and it feels like every step of the way was worth it to get here - with a job, a home, and healthy children."

"No more living on the edge of despair and we could not have done it without the wonderful women of Soroptimist."

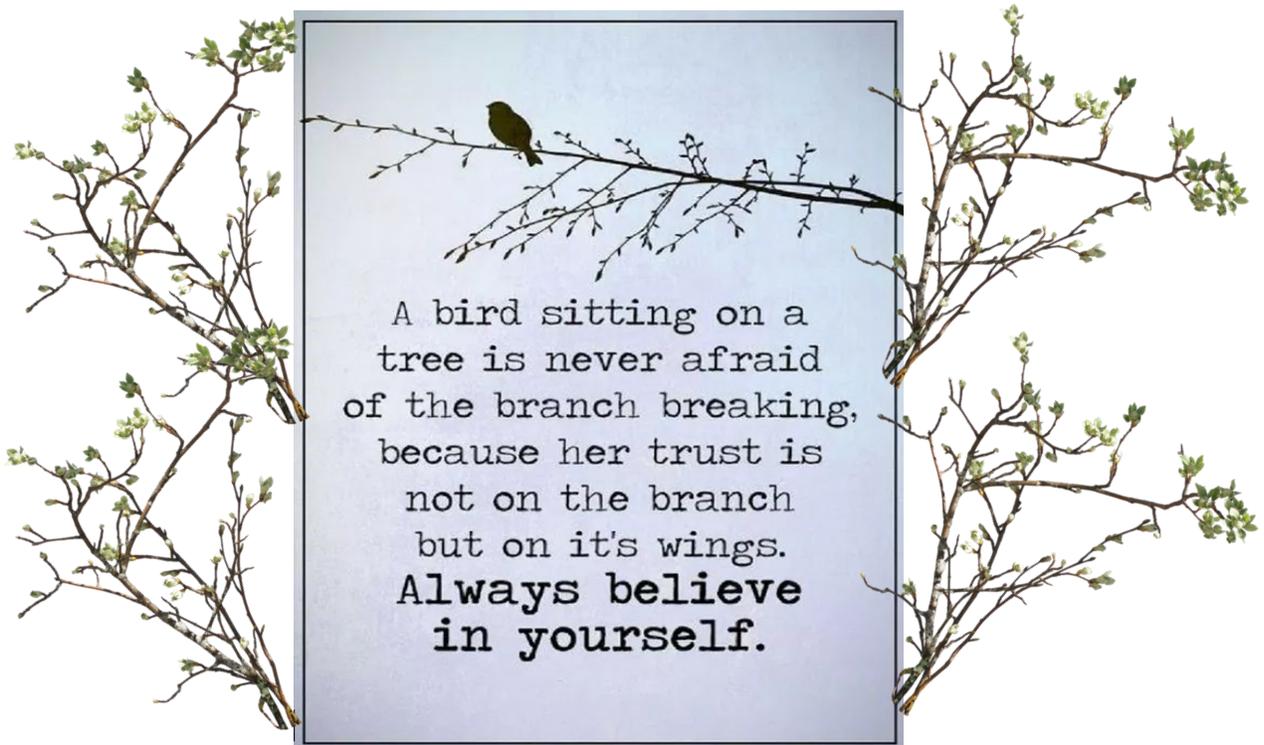
"I had the courage to apply for this award because I wish for a beautiful future."

June 2019

Wednesday	5th	Board Meeting—Salt Lake County Building	5:30 pm
Thursday	6th	D-Day—Honor Veterans	
Friday	14th	Flag Day—Honor Veterans	
Wednesday	19th	Monthly Meeting—Café Madrid Honor Past Presidents & Induct New Board of Directors Last Meeting of the Year!	6:00pm
Monday	25th	Newsletter Deadline	



<i>Rini White</i>	<i>9th</i>
<i>Jodi Arave</i>	<i>15th</i>
<i>Nancy Mitchell</i>	<i>15th</i>
<i>Rikki DeMik</i>	<i>16th</i>
<i>Roxanne Achenbach</i>	<i>27th</i>
<i>Victoria Gee</i>	<i>28th</i>



A bird sitting on a tree is never afraid of the branch breaking, because her trust is not on the branch but on it's wings. **Always believe in yourself.**