

Salty Soroptimist News

February 2020

Volume 1, Issue 6



President's Message

We have some exciting events coming up and we need all club members to assist in making them successful.

First up, is the Awards Banquet on Saturday, February 29th where we will give scholarship money to our Live Your Dream and Jeannie's Happy Heart award winners. We will also recognize a 6th, 7th and 8th grade girl with the Margaret Embleton award. All these women and girls have overcome obstacles and are improving their lives. Please attend and hear their stories. Thank you to Donna

Smith for all her coordinating efforts. This great event will be covered in our March newsletter.

In March, we have a service project for "Days for Girls". During this time we will also have an opportunity for us to get to know one another better (details on page 3 of this Newsletter).

Save the Date....April 25th is our Wine Tasting and Silent Auction Spring Fundraiser. This is our biggest fundraiser of the year and funds all of our amazing programs. Invite your friends and family to attend with you.

Our theme this year is "Purpose, Passion, Participate—The Difference is Me." There are many opportunities in the coming months for you to participate and make a difference. Please reach out to me, if you would like to get involved in any of our events.

*Loretta Peterson
President,
SI Salt Lake City*



*Soroptimist International
of Salt Lake City
Chartered
November 12, 1931*

What's New?

Board Nominations	2
Dream It Be It	3
Service Project	3
Live Your Dream	4
Save the Date	4
Soroptiblast	5
Soroptiblast	6
Soroptimist Corner	7
Calendars	8

Editor: Gay Houchens
gay.hooch@yahoo.com





Its time to Submit Nominations for the 2020-2021 SISL Board of Directors

We have the following open positions –

President – As 2019-2020 President-Elect, Teresa Just automatically becomes President 2020-2021

Conduct business of the Club; preside at all meetings of the Club and of the Board; appoint committees; be an ex-officio member of committees; communicate with Region and Federation; oversee Treasurer's report to Region & Federation; plan and prepare agendas for Club meetings; know Soroptimist Laws; automatic delegate to all District, Region & Federation meetings; represent the Club in our community; demonstrate strong personal leadership and example; develop leadership in others; share responsibilities.

President-Elect – Shall automatically succeed to the presidency at the end of the President's term. Shall preside at all meetings in the absence of the President. Shall have such duties and powers as arise from the membership on the Board of Directors or as assigned by the President or the Board. Shall be the liaison between the following committees: service projects and public relations. Shall familiarize herself with all Club, District, Regional and Federation activities.

Treasurer – Shall receive all funds of the Club and deposit them in a financial institute (s) as authorized by the Board; sign all checks with the President; make remittances as required by Federation Bylaws and standing procedures; pay authorized bills; maintain a roll of membership. Shall provide monthly financial statement to members; prepare and file tax reports.

Treasurer-Elect – Shall work with and assist the Treasurer to learn the duties and functions. Shall automatically succeed to the Treasurer position the following year.

Secretary – Shall keep the minutes of the meetings of the Club and the Board; submit to the Club the minutes of the Club business meetings and recommendations of the Board. Shall be custodian of the permanent records of the Club. Shall handle club correspondence.

Director at Large – Assist the President with responses to forms and reports to Region and Federation. Serve as a liaison to primary chairs as President directs. Takes care of banners, flags, etc. Makes a checklist of reporting, responses, forms, etc.

Delegate (2) – The delegates to District, Region or Federation meetings will number no more than three, of which the President will automatically be one. The remaining two shall be elected by the membership. If a delegate is unable to serve at a given meeting, the President may appoint an alternate. The duties of the delegates are: to be certain credentials have been filed; registration fees and all financial obligations of the Club to District, Region and Federation have been paid. The delegates will represent the Club's position on voting matters at Federation, Regional and District levels and report results back to the Club.

Submit nominations before February 22nd. Nominations will be announced at the Business Meeting March 4th

The final slate of nominees will be emailed or mailed for you to cast your vote.

Final results will be announced at the March 18th service meeting.

Nominating Committee: Teresa Just (chair), Carma Ingram & Jan Crane

DREAM IT ★ BE IT

CAREER SUPPORT

{for girls}

Thursday, February 13, 2020

Dream It Be It -

"Putting Your Dreams Into Actions"

Teresa Just was our presenter for our February Dream It Be It presentation.

This event allowed us to review with the girls some of their goals and how they plan to implement them. The girls filled out valuation sheets on their Plan of Action, which included ...

- Their Goal.....Benefits to Achieving the Goal*
- Action Steps with target dates*
- And Small Tasks to do this week.*

They also Identified Obstacles and their Dream Team to help them reach their goals.

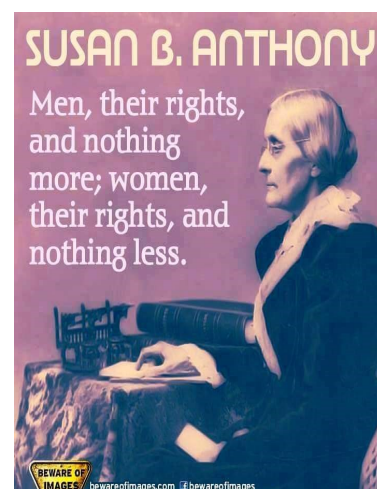
Many of the girls shared what they had written. This meeting had over 12 girls in attendance. These are girls that have consistently attended all year and participated in the Dream It Be It program.

They were also reminded about the scholarship application for the Dream It Be It scholarship our club will award to a graduating senior planning to attend college this year.

Teresa did an excellent job presenting this subject matter to the girls. The girls participated and shared with our group. We also had a great opportunity to visit with them during lunch.

Next month Amber Willis will be presenting on "Managing Stress". Please come join us on Thursday, March 12th at 10:30 a.m. at Granite Connections High School.

Carma Ingram



Days for Girls Service Project & Member Networking

One initiative this year, was to find opportunities for our club to have more hands-on projects. We have a service project scheduled on Wednesday, March 18th at Cathy Steven's home (1734 E Creek Villas Ln, Sandy, UT 84093). We will be working on hygiene kits for "Days for Girls". Days for Girls is a global movement that prepares and distributes sustainable menstrual health solutions to girls who would otherwise miss school during their monthly cycle.

Please attend and bring a potluck item to share. We will also take this opportunity to talk and get to know each other better.

Loretta Peterson

live YOUR dream

education & training awards for women

Every year, Soroptimist distributes more than \$2.6 million in education grants to about 1,700 women all over the world.

Over half of our *Live Your Dream Awards* recipients are survivors of domestic violence, trafficking or sexual assault. Nearly all of the women and families we serve have overcome enormous obstacles including poverty, teen pregnancy, and drug or alcohol addiction. *Live Your Dream Awards* recipients may use the cash award to offset *any* costs associated with their efforts to attain higher education, such as books, childcare, tuition and transportation.



**Come Celebrate with
Soroptimist International of Salt Lake City's
Live Your Dream Award Winners**

*Jeanne's Happy Heart and Margaret Embleton
awards will be presented*

When: Saturday, February 29, 2020
11:30am – 1:30pm

Where: The Gathering Place at Gardner Village
1100 West 7800 South, West Jordan

Cost: \$25 per person includes lunch

RSVP to: Loretta_Peterson@premierinc.com or
(801)201-5057 by Monday, February 24th



- *Appetizers*
- *Silent Auction*
- *Opportunity Drawing*



Save the Date

Soroptimist of Salt Lake
Fundraiser
"WINE, CHEESE & CHOCOLATE"
Saturday, April 25th
7-10:00 pm
Caputo's Café & Deli Downtown
Cost: \$90.00
Includes—Keepsake Wine Glass

ROCKY MOUNTAIN REGION SOROPTIBLAST

DATES TO REMEMBER

March 1, 2020
District Live Your Dream
Awardees due to Region

May 1 - 3, 2020
Region Conference,
Cheyenne, Wyoming

July 20 - 25, 2020
46th Biennial SIA Convention
Bellevue, Washington

February 2020

Happy New Year, Rocky Mountain
Region Soroptimist Members!



SOROPTIMIST®
Investing in Dreams

As we start a new year, we need to focus on Membership and Leadership. What are we doing to encourage members to attend our meetings? Are our meetings fun and do they learn something? Most of all we have to have fun and then learning comes more easily.

After we get members attending and joining our Club meetings, we need to develop leadership within our members. Leadership communication is the key. It is more

important than ever to develop good communication skills. We use these skills to interact with our friends, family and club members in person and on the phone, and also through email, text, and even video chat. The number of avenues available to communicate seems to have grown exponentially in recent years. We must effectively communicate.

Everyone can benefit by honing their communication skills. Check out the following tips. By putting them into practice, you may find yourself being a more effective, inspirational and motivational leader in your Club, in your business, and at home.

Listen

Take time to listen to each other. Remember that hearing and listening are different. Fight the urge to interrupt people and let them speak their opinions and thoughts.

Pay attention to body language

Sometimes actions speak louder than words. If you cross your arms or have a scowl on your face, you could be sending the wrong message.

Get to the point

Your audience will be most appreciative if you keep your message brief and simple. A study shows that the attention span of humans is just eight seconds -- shorter than that of a goldfish!

Take notes

Taking notes can help you organize your thoughts and make certain you hit upon the high-level points you want to make sure you get across.

Have a good attitude

Simply smiling and being positive goes a long way. By having a positive attitude, people will want to be in your company and will pay more attention to what you are saying.

You aren't always right

When delegating information and assignments, let the person in charge make some of the decisions. If there are absolutes, let them know that ahead of time, and then let them add their personality and flare to their project. Don't hover over them. Check to see if they need help with anything or they are on track and brainstorm with them if they want you to. They make the decisions with their committee.

Remember, good Communication is the key to effective Leadership!

Let's finish our year with a BANG and increase our membership and dedication to the Dream Programs! Watch for the Call to Conference in your mailbox the end of February!!

In Soroptimist Friendship,

Rita Offrett

Governor Rocky Mountain Region

**A sign of a good leader is not how many followers you have,
but how many leaders you create! --Gandhi**





Rocky Mountain Region



REGION CONFERENCE

MAY 1-3, 2020

CHEYENNE, WYOMING

Public Awareness Update:

Social Media hitting you from all angles?

ATTEND SPRING CONFERENCE

We'll help you avoid the flying confetti!!

SIA recently launched a social media campaign

#atSoroptimistsAtWork.

Share photos of your club members having a great time. You can read more details about this membership campaign on Facebook.



Each club needs to be ready to cast their ballots for Soroptimist International of the Americas President-elect.

SIA will implement its first electronic mail ballot for SIA President-elect at the end of February.

They will utilize each club's @soroptimist.net club email address to send the unique voting link to the club.

To maintain the spirit of the ballot being a decision of the club collectively, rather than a single member, we will also notify each club president and club treasurer at their personal email addresses in advance of the link being sent to the club.



The Road to Equality

SI PRESIDENT'S APPEAL 2019 - 2021

**I Pledge Allegiance to Soroptimist
and to the ideals for which it stands**

The sincerity of friendship

The joy of achievement

The dignity of service

The integrity of profession

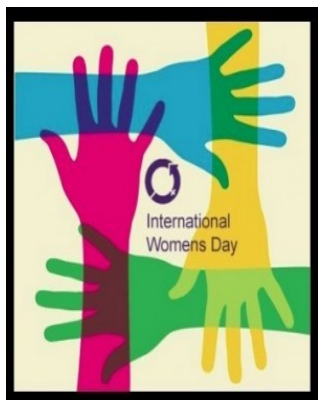
The love of country

**I will put forth my greatest effort to
promote, uphold and defend these**

ideals for a larger fellowship

In home, in society, in business

For country and for God



March 2020

Saturday	1st	Live Your Dream Award Winners due to District	
Wednesday	4th	Board/Business Meeting—SL County Building	5:30 pm
Sunday	8th	International Women's Day	
Sunday	8th	Daylight Savings Time Begins	
Thursday	12th	Dream It Be It—Granite Connections High School	10:30 am
		<i>Putting Your Dreams Into Action</i>	
Tuesday	17th	St Patrick's Day	
Wednesday	18th	Days for Girls Service Project	6:00 pm
		Cathy Steven's Home—1734 E Creek Villas Ln Sandy	
		Also—Club Nominations Results	
Tuesday	24th	Newsletter Deadline	



Kelly Holtman March 17th
Donna Smith March 22nd

Words for Thought....

"Don't do things to be noticed or praised. Do them because they are the right things to do"

April 2020

Wednesday	1st	Board/Business Meeting—SL County Building	5:30 pm
Thursday	9th	Dream It Be It—Granite Connections High School	10:30 am
		<i>STEM Presenters</i>	
Saturday	25th	Spring Fundraiser-"Wine Cheese & Chocolate Party"	7-10:00 pm
		Caputo's Café & Deli Downtown	
Tuesday	28th	Newsletter Deadline	

